




SPA
SECRET[®] AYURVEDA &
SPA MENU



ESCAPE. UNWIND. RECHARGE.



EXPERIENCE THE ESSENCE OF TRADITIONAL AYURVEDA

ABHYANGA MASSAGE 60 minutes 30 USD

Immerse yourself in a sensory journey as warm, aromatic oils are gently massaged into your body. This traditional Ayurvedic massage promotes relaxation, improves circulation, and balances your vital energies.

AYURVEDA FULL BODY MASSAGE WITH HERBAL POUCHES 90 minutes 40 USD

The highlight of this traditional oil massage is the application of herbal pouches filled with a blend of aromatic herbs and medicinal plants. These pouches are heated to the perfect temperature and gently pressed onto specific energy points and sore areas of your body.

SHIRODHARA RITUAL 50 minutes 40 USD

Achieve profound tranquility with this ancient therapy. A continuous stream of warm herbal oil flows onto your forehead, soothing your mind and promoting mental clarity. A relaxing head massage complements the treatment.

AYURVEDA FULL BODY MASSAGE WITH HERBAL STEAM BATH 90 minutes 55 USD

The highlight of this traditional oil massage is the herbal steam bath. The aromatic herbs infuse the steam, promoting relaxation and detoxification.

AYURVEDA FULL BODY MASSAGE WITH SHIRODHARA 90 minutes 60 USD

The highlight of this traditional oil massage is Shirodhara therapy. A continuous stream of warm herbal oil flows onto your forehead, soothing your mind and promoting mental clarity.

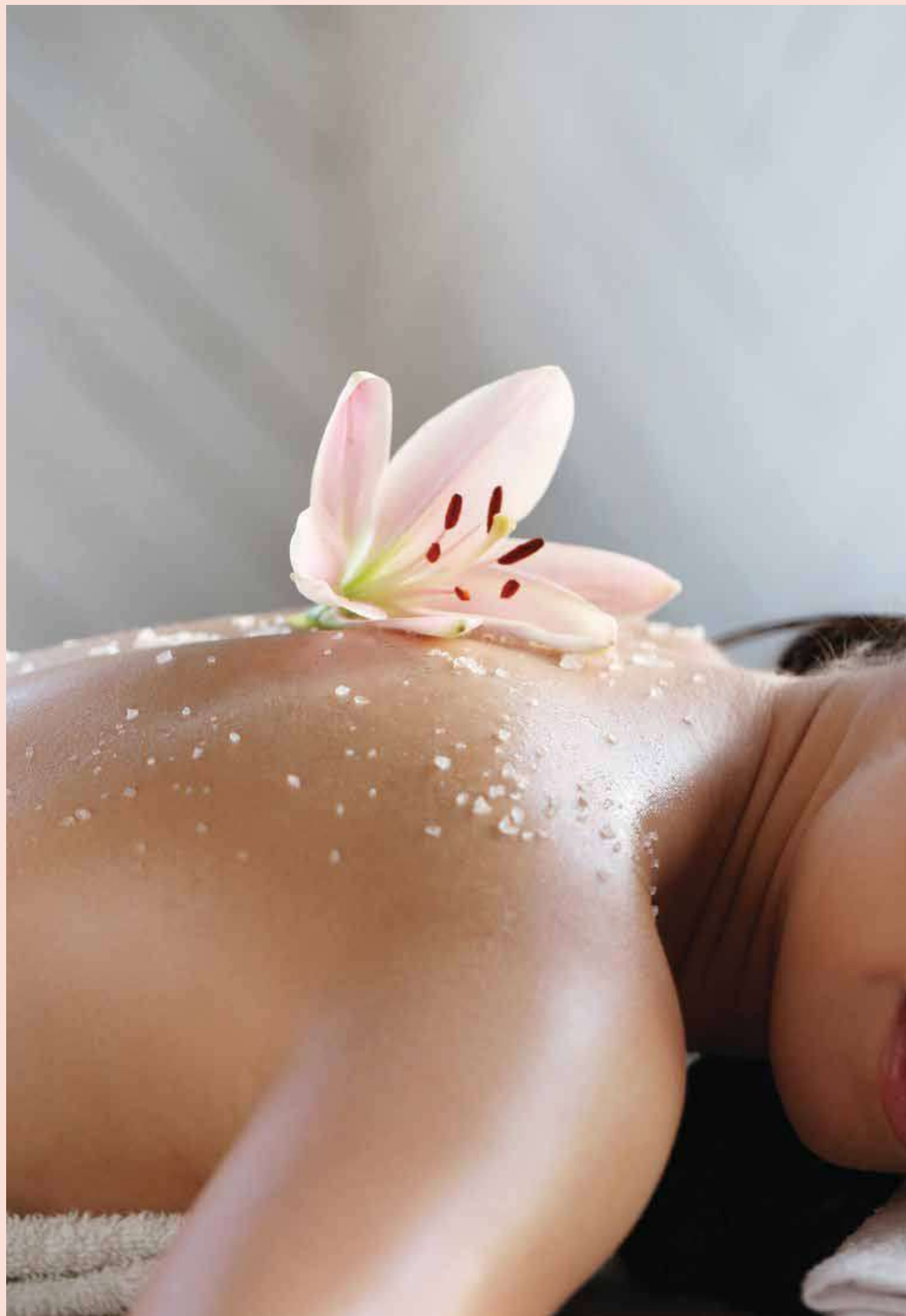
THE RITUAL OF AYURVEDA 120 minutes 85 USD

This session combines Shirodhara, Ayurveda full body massage, and Herbal steam bath. The ritual brings three essential Ayurveda therapies together, ultimately offering an authentic experience.

HEAD/NECK/SHOULDER TREATMENT 45 minutes 28 USD

BACK TREATMENT 30 minutes 20 USD

Our Ayurveda Head/Neck/Shoulder and Back treatments are a soothing and effective way to relieve pain, stiffness, and tension on the particular areas.



MASSAGE THERAPY

SWEDISH MASSAGE (Full Body)

Enjoy a timeless and beloved oil massage using light, gentle strokes to promote relaxation, ease muscle tension, stimulate circulation, and relieve pain.

60 minutes – 30 USD

90 minutes – 40 USD

AROMATHERAPY MASSAGE (Full Body)

Experience pure relaxation and rejuvenation with our Aromatherapy Massage, where expertly blended essential oils melt away tension and promote inner harmony.

60 minutes – 30 USD

90 minutes – 40 USD

DEEP TISSUE MASSAGE (Full Body)

Experience profound relief and relaxation with our Deep Tissue Massage, a therapeutic treatment targeting deep muscle tension and promoting overall well-being.

60 minutes – 35 USD

90 minutes – 45 USD

REFLEXOLOGY (up to knees) 45 minutes – 28 USD

In this Reflexology treatment your therapist uses precise foot pressure points to restore balance and harmony throughout your body.

HEAD/NECK/SHOULDER TREATMENT 45 minutes - 28 USD

A Soothing and effective way to relieve pain, stiffness, and tension in neck and shoulders



RADIANCE FACIAL RITUAL

This exquisite spa experience is designed to enhance your outer beauty and promote inner balance and well-being.

AYURVEDIC HERBAL FACIAL 90 MINUTES 50 USD

AYURVEDIC HERBAL FACIAL 60 MINUTES 40 USD

Package Highlights:

- a gentle Cleansing Ritual using all-natural Ayurvedic ingredients such as herbal powders and soothing botanical extracts.
- a healthy, youthful glow with the rejuvenating Exfoliation
- Extraction therapy against stubborn blackheads, whiteheads, and clogged pores (*not included in the 60-minutes session)
- Marma Point Massage
- Facial Mask with Ayurvedic herbs and oils
- Glow Herbal Serum
- Deep hydration with nourishing Ayurvedic oils



COUPLE'S RITUALS

Indulge in an intimate escape.

ROMANTIC WHISPER 100 MINUTES - 100 USD

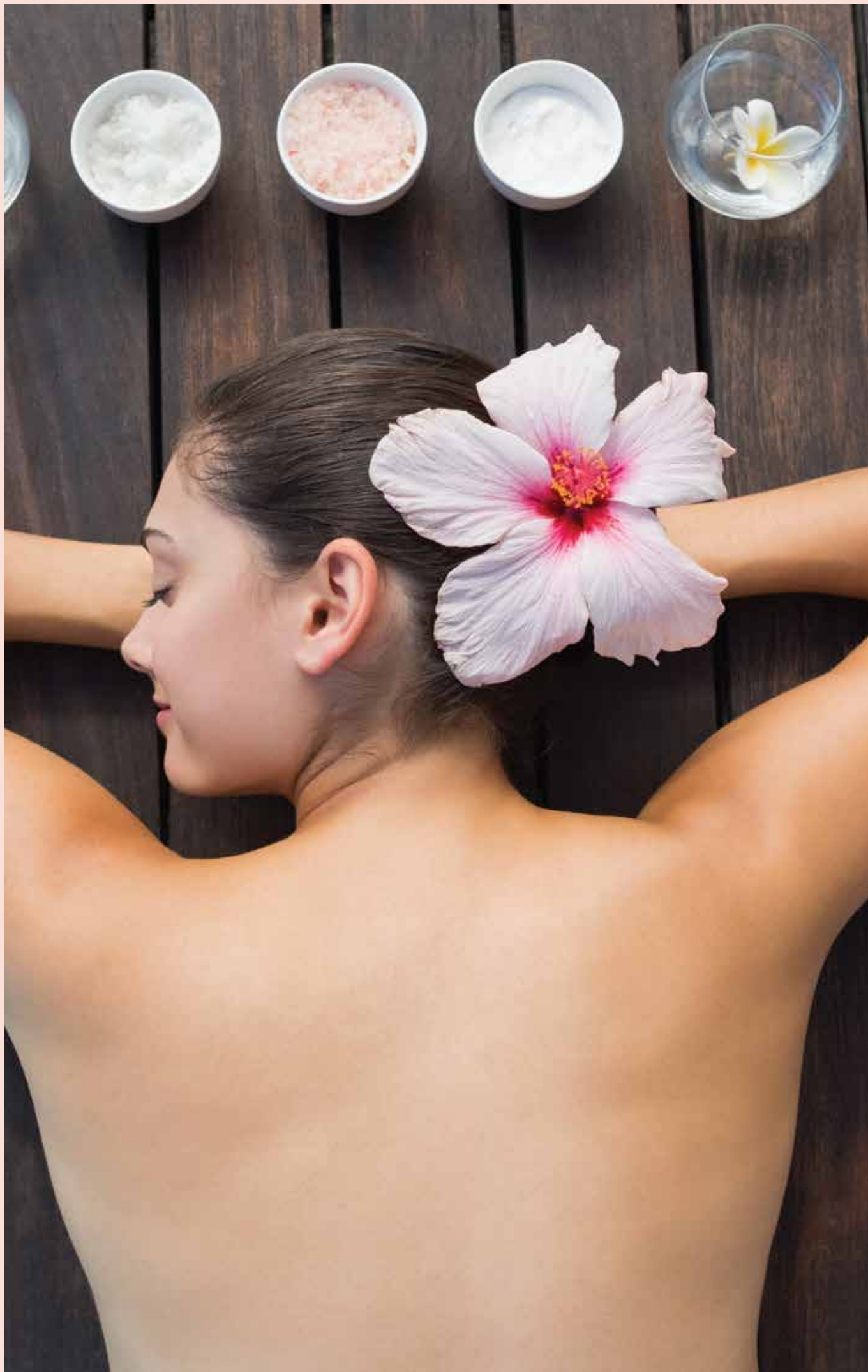
Package Highlights:

- Elegantly appointed Private Couple's Suite.
- Luxurious Soothing Heaven Bath
- Aromatherapy Massage for her and Swedish full body massage for him
- Romantic Elixir
- After-spa Relaxation time
- Every extra 10 minutes of heaven bath - 10 USD

ESCAPE FOR TWO 60 MINUTES - 60 USD

Package Highlights:

- Elegantly appointed Private Couple's Suite.
- Aromatherapy Massage for her and Swedish full body massage for him
- After spa Relaxation time
- Extra 30 minutes - 20 USD



SOLO'S RITUALS

LADY'S SECRET RITUAL 2 Hours 30 Minutes – 90 USD

GENTLEMAN'S SECRET RITUAL 2 Hours 30 Minutes – 90 USD

Indulge in the epitome of relaxation and rejuvenation with our exclusive Solo spa rituals, crafted to cater to the refined tastes and unique needs of discerning ladies and gentlemen.

The blissful journey combines the art of Aromatherapy for her and Swedish massage for him, the invigorating benefits of a body scrub and wrap, and the luxurious touch of our signature facial pack.

On your request, we will add an ayurvedic touch to the ritual by using Ayurvedic herbal oils and Ayurvedic massage techniques.



BODY SCRUBS AND WRAPS

It's your journey to radiant glow skin!

LIME & GINGER SEA SALT SCRUB WITH GEL 60 minutes 35 USD

LIME & GINGER SEA SALT SCRUB WITH WRAP 90 minutes 40 USD

These treatments help to draw out toxins, stimulate circulation, and promote sweating, with moisturizing gel at the end to highlight your radiance or with moisturizing wrap to nourish your skin.

HERBAL MILKY SCRUB WITH GEL 60 minutes 35 USD

HERBAL MILKY SCRUB WITH WRAP 90 minutes 40 USD

These treatments help soften and deeply moisturize the skin, leaving it fresh and glowing with moisturizing gel to highlight your radiance or moisturizing wrap to nourish your skin deeper.

AYURVEDIC SCRUB WITH HERBAL GEL 60 minutes 35 USD

AYURVEDIC SCRUB WITH HERBAL WRAP 90 minutes 40 USD

These treatments help draw out toxins with the power of ayurvedic herb powders. We prepare the powder mix based on your skin type.

SANDALWOOD TURMERIC HONEY WRAP 60 minutes 35 USD

This moisturizing wrap of sandalwood and turmeric softens and nourishes your skin



ENJOYABLE ADD-ONS

Extend your joy by adding enjoyable add-ons to your spa session

HEAD MASSAGE 30 minutes – 15 USD

FOOT MASSAGE (up to knees) 30 minutes – 15 USD

VALUE COMBO DEAL (Head & Foot) 45 minutes – 20 USD

HEALING HERBAL TOUCH (application of herbal pouches) 30 minutes - 10 USD

DETOX HERBAL STEAM BATH 30 minutes - 25 USD

*All prices are in USD, including taxes and service charges.

*The prices may be subject to change without prior notice.

*Age restriction policy: to enjoy our spa, you should be a minimum of 17 years old. Children aged 17 and under must have a parent or guardian in the spa throughout their treatment.

HOW TO SPA

Meeting your needs

Upon arrival at the Spa Secret, we will ask you to fill out the Intake Form to ensure you have the best treatments suited to your needs. Please advise if you are pregnant or have any health issues.

Arrival time

To make the most of your therapy, please arrive at least 10 minutes before your treatment.

Preparing for your treatment

No special preparation is necessary. Turn up and enjoy. We will provide disposable shorts for treatments, body scrubs, and wraps.

Shower or don't

The Spa has a shower room.

Please take a quick shower before treatment to make the experience even better.

Please take a shower before soaking in Heaven Bath

Privacy

We will protect your privacy at all times. Your therapist will leave you to change privately, and throughout the treatment, we will drape you with towels covering all parts of your body not being worked upon.

You're Comfort – Do Let Us Know

Although we try to anticipate your needs, we believe a spa is a very individual experience.

Please feel free to take a quick shower before treatment to make the experience even better.

Please let your therapist know if there is any way they can improve your treatment or comfort, such as heavier or lighter massage pressure, extra towels, sound, or lighting. We appreciate your feedback, and encourage you to fill in the guest questionnaire following your treatment.

Spa Etiquette

Smoking is strictly prohibited within the facility since we provide our guests an environment with serenity and relaxation, kindly turn off your mobile devices during treatment. Please avoid drinking alcohol at least ten hours before treatment.

A standard temperature of 24 C is set up in the Massage Room and can only be adjusted for a few degrees. Please kindly inform your therapist if you feel comfortable with this temperature.

Cancellation

In consideration of other spa guests, as your treatment requires facilities to be reserved, the Spa requests a minimum of 12 hours' notice if you are unable to keep your appointment. Please call our spa reception to reschedule your appointment. No-shows or appointments canceled within 12 hours will incur a 100% cancellation fee.





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See you soon